



2021 HEALTH TRUST WELLNESS INCENTIVES & REIMBURSEMENTS

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|---------------------------|-----------------------------|
| \$150 Biometric Screening | Up to \$300 Gym Membership |
| \$150 Colonoscopy | Up to \$200 Fitness Event |
| \$100 Health Education | Up to \$200 Weight Watchers |
| \$50 Women's Well Visit | Up to \$25 Bike Helmet |
| \$50 Mammogram | |

NOTE: Proof of visits/workouts and meetings is required for **all** months requested in 2021 for the Gym Membership and Weight Watchers (in-person meeting) Reimbursements.

Contact the Delaware Valley Health Trust Wellness Team at 267.803.5721 or email wellness@dvtrusts.com.

Incentives and Reimbursements must be earned between January 1 and December 31, 2021. Health Trust enrollees and their covered spouses are eligible to participate. One submission permitted per incentive/reimbursement per calendar year unless otherwise indicated above. Incentives and reimbursements totaling \$600 or more in a calendar year shall result in a Form-1099 being mailed to you. Proof of procedure is most easily obtained by logging in to www.aetna.com. Please allow up to 6-8 weeks for processing. More information available at dvtrusts.com under "Member Resources."

SUBMIT TO:

wellness@dvtrusts.com,
267.803.5796 (fax),
or DVHT Wellness,
719 Dresher Rd,
Horsham, PA 19044



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HEALTH
TRUST

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