

Still want to join coworkers in WW At Work? You can do it!

Having regrets about missing your chance? Good News! You can still join the *Weight Watchers at Work* program held on Mondays at 5:15 p.m. in Room 220 of the Kent County Administrative Complex.

In addition, if you ask a current *WW at Work* participant to “invite you to join”, both of you receive a free WW Cookbook. So go ahead and join the fun and pay a pro-rated fee on the remaining weeks of the 17 week program.



The pro-rated “*Wellness that Works*” program cost must be paid in full at your first meeting. WW digital access is also included.

The Workshop Coach is Tracey Moore. Workshop payment can be made via cash, check, or major credit card. The last workshop session is scheduled for mid-May. The President’s Day holiday (February 18) has been tacked onto the end.

County employees/retirees and eligible spouses on the County’s health insurance program (DVHT/Aetna) are eligible for reimbursement up to \$200 a year through the wellness benefit. The DVHT wellness program requires proof of participation in at least three WW sessions per month. The program will reimburse one combined submission per calendar year. Weight Watchers is also an eligible expense for those employees with a Flexible Spending Account.

Current Weight Watchers members or lifetime members should contact County workplace coordinators Amy Minner or Christina Elliott for information about participating in the Weight Watchers at the Workplace program.

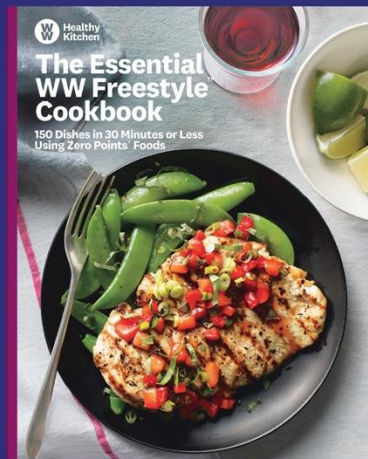
For more information about your wellness benefits and/or a flexible spending account, please contact the Personnel Office at 744-2310.

(posted 02/04/19)

Invite a friend from work to join

and you can both get a

FREE
WW Freestyle™
cookbook!*



Pay it forward! Share the gift of health and make your wellness journey even more unforgettable.

#bettertogether

* **FREE Cookbook Offer:** Joining member must purchase a Workshop series through current and joining member's employer in participating areas only by 12/31/19 and continue the WW membership for at least 2 weeks. Referring member must have a current Workshop series membership enrolled through their employer that has been active for a minimum of 2 weeks. Joining member must not have had an active Workshop series membership for at least 1 month. WW Freestyle Cookbook is available while supplies last. Cookbook may vary and any substituted cookbooks will be of equal or greater value. All blank spaces on the invitation must be filled in completely to validate invitation. Offer good for U.S. addresses only. Please allow 4-6 weeks for delivery of the cookbook.

† Available in participating areas only. Minimum member enrollment required.

WW Coin Logo is the registered trademark of WW International, Inc. WW Freestyle



How does it work?

- 1 You must have a current Workshop series† bought through your employer.
- 2 Invite a friend you work with to join WW through your employer, by visiting ww.com/invite.
- 3 Your friend will receive your email invitation to join and receive a **FREE WW Freestyle cookbook.***
- 4 When your friend purchases a Workshop series through your employer by 12/31/19 and completes his/her portion of the online form, you'll both receive an email confirmation and the WW Freestyle cookbook will be sent to you and your friend within 4 to 6 weeks.

