

Learn & Earn at Employee Health & Wellness Fair on Oct. 19

The 3rd Annual Kent County Employee Health & Wellness Fair kicks off **Friday, October 19, 2018** from 8:30 a.m. to 1:30 p.m. at the Kent County Administrative Complex - Rooms 220 & 221. Be sure to visit the Fair to receive swag and earn a chance for great prizes!

This year's event is bigger and better than ever with more than a dozen exhibitors on hand offering information and FREE screenings. And there will be lots and lots of giveaways!

Confirmed exhibitors include:

1. Delaware Breast Cancer Coalition
2. Beltone Audio Services
3. Kent County EMS – Blood pressure checks
4. VBA Vision benefits information
5. Delta Dental benefits information
6. Club Fitness
7. CNMRI
8. The Salt Cove
9. Mid-Shore Lyme Disease
10. Acupuncturist James Frisa
11. Domestic violence prevention
12. Alzheimer's & Dementia Association
13. Health Advocate - Employee Assistance Program
14. Delaware Valley Health Trust

New this year and compliments of Delaware Valley Health Trust is a “Hydration and Healthy Snack” station.

During the Health Fair, FREE flu shots will be provided from 8:30 – 10:30 a.m. to employees, retirees and dependents enrolled with DVHT/Aetna who pre-registered by the Oct. 11 deadline with the Personnel Office.

Please bring your Aetna identification card and photo i.d. to the event.

In addition, employees/retirees & eligible dependents registering by the Oct. 5 deadline for a FREE biometric screening should fast for 9-12 hours before arriving at their scheduled timeslot. Be sure to bring your Aetna identification card and photo i.d. Can't remember what biometric screening timeslot you were assigned? Call the Personnel Office at (302) 744-2310 or visit www.my.questforhealth.com.

The Health & Wellness Fair is organized each year by the **Go Pink!** Committee coordinated by Christina Elliott and Amy Minner along with many volunteers and assistance from the Delaware Breast Cancer Coalition and Delaware Valley Health Trust.

(posted 10/09/18)



KENT COUNTY EMPLOYEE HEALTH & WELLNESS FAIR

Friday, October 19, 2018 | 8:30am - 1:00pm
Administrative Complex, Room 220

Join this event dedicated entirely to your health and employee benefits. Enjoy healthy snacks, interactive stations, health and fitness screenings, and information to support your health.

Register for prizes and giveaways! Flu shots available to pre-registered DVHT/Aetna enrollees (bring your I.D. card) from 8:30am-11:30am & Biometric Screenings available for pre-registered enrollees from 8:00am - 11:30am (10-12 hour fasting required)



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Questions? Please contact Christina Morton-Elliott at Christina.Morton@CO.KENT.DE.US or 302.744.2430.
Flu Shot & Biometric Screening Questions? Contact the Personnel Office at 302.744.2310