

HELP IS ONLY A PHONE CALL AWAY

In conjunction with our new County medical plan with Aetna, which is administered by Delaware Valley Health Trust (DVHT), Kent County Levy Court also received a new Employee Assistance program with Health Advocate.

Health Advocate can be accessed 24/7 at no cost to employees, their spouses, dependent children, parents and parents-in-law. To access resources, you may call (877) 240-6863, email at <http://healthadvocate.com/members> (type “DVT” as the name of your organization) , or sign in your personal login at Delaware Valley Trust at <https://dvtrusts.com> (once you have signed on, hover on “Member Services”, then scroll down and click on “Employee Assistance Program”).

Providing up to 5 free counseling sessions, the EAP can help create a happier, healthier balance between work and life. The certified counselors can address anger, grief, and loss; stress, depression, and anxiety; work conflicts; family/parenting issues; drug and alcohol abuse; and marital relationships among others.

The EAP also has Work/Life specialists who can assist with supportive services, and check availability and make referrals for legal services such as personal/family elder law and identity theft; financial services like budgeting and debt management; and eldercare and childcare.

Counseling is confidential and if longer counseling is needed beyond the 5 free sessions, then Health Advocate will work in conjunction with Aetna to locate an in-network provider to continue treatment and counseling.

Please click the link below to access the EAP flyer that is on the Kent County website in the Employee Web Portal under the “Resources” tab - <http://co.kent.de.us/media/905956/DVHTeapHEALTHadvocateFLYER062818.pdf> .