

Fall into a Healthier Lifestyle

The 2nd Annual Health and Wellness Fair will take place on Friday, October 20, 2017 from 9:00 a.m. to 3:00 p.m. in Rooms 220 & 221 at the Kent County Administrative Complex. This year is bigger and better than ever!! Vendors will be on hand to offer FREE screenings for: vision, blood pressure, skin cancer (face), spine, and hearing issues. There will also be several service providers available to discuss and/or offer information about: breast cancer awareness, domestic violence, acupuncture, alcohol and substance abuse, mental and behavioral problems just to name a few. And there will be lots and lots of giveaways!

During the Health Fair, free flu shots will also be available from 8:30 – 10:30 a.m. to employees, retirees and dependents enrolled with Highmark Blue Cross Blue Shield that have pre-registered with the Personnel Office.



Please don't forget to get your specially designed **GO Pink!** t-shirt to support Breast Cancer Awareness. The cost is \$10.00. Please see Christina Morton in the Engineering Division and/or Amy Minner in the Inspections & Enforcement Division to place your order. Deadline to order a shirt is Friday, September 15, 2017.

Please mark your calendar, back by popular demand, our annual **Go Pink! 50/50!** will be held on Friday, October 6, 2017!!